



# Instructional Plan

LISTEN  
TOPIC 8

## Outcomes

- Parents will analyze how reading to baby fosters language development and can enhance attachment and be used as a tool for regulation.
- Parents will gain skill in selecting age-appropriate books and structuring a positive reading experience.
- Parents will create an age-appropriate book for their baby or toddler.

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## FOUR-STEP INSTRUCTIONAL PROCESS



### PRESENTATION OF CONCEPTS

#### INTRODUCTION OF TOPIC

■ **Reading a story can help regulate a baby or toddler** [see *Conceptual Overview #2*].

- Reading can calm an overexcited or anxious baby or toddler.
- Reading can be used to divert a child's attention.
  - Read a story (e.g., *Goodnight, Moon* or *Rainbow Fish*) to parents. After reading, discuss what happened.
    - Did parents calm down, listen attentively, quiet down, etc.?
    - Why did this happen?
    - Does this happen to a baby?

Identify situations when reading would help to refocus a baby or toddler.

■ **Reading is a fun activity that can last a lifetime.**

- Ask parents to identify a favorite *childhood* book. Why was it a favorite? Was it the pictures, words, story, or the person who read it?

Ask parents what books they have read *recently* that they enjoyed. Why? Are there similar reasons?

Begin making a list of favorite early childhood books.

#### KEY CONCEPTS

■ **Reading helps babies learn language** [see *Conceptual Overview #4*].

- Use topic animal artwork to open a discussion about how reading helps babies learn language.