



Instructional Plan

LISTEN
TOPIC 5

Outcomes

- Parents will assess the benefits of playing on the floor with their baby or toddler using a process for interactive play.
- Parents will gain skill in extending and expanding their child's play by using the scaffolding technique.
- Parents will use Floortime techniques to help regulate their child's behavior during play.

FOUR-STEP INSTRUCTIONAL PROCESS

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PRESENTATION OF CONCEPTS

INTRODUCTION OF TOPIC

- **We learn more when we are focused on an activity of interest to us and when the experience is shared with others.**

- Engage parents in a conversation about a topic that is likely to be of little interest to them (e.g., a current political issue). Then switch the conversation to the last episode of a favorite TV program or a topic that you know is of interest to them.

Discuss which part of your conversation was most lively. Why? Which discussion will the parents remember more? Discuss how we feel more comfortable and confident when we know a topic, when we work and/or play in our area of interest.

KEY CONCEPTS

- **Sharing play motivates babies to learn** [see *Conceptual Overview* #1, #2, and #3].
 - Getting on the floor shows respect for the baby or toddler.
 - Floortime is a five-step process for playing effectively with babies or toddlers.
 - Use topic animal artwork to open a discussion about how sharing play motivates babies to learn.
 - Introduce Floortime [see pg. 101]. Give parents “What is Floortime?”