



Instructional Plan

LISTEN
TOPIC 7

Outcomes

- Parents will be able to explain why babies are naturally attracted to music and rhythm.
- Parents will recognize the benefits of memorizing and sharing music and rhythm activities with babies.
- Parents will gain skill and confidence in using music and rhythm to calm, divert, and share positive emotions with their baby.

FOUR-STEP INSTRUCTIONAL PROCESS



PRESENTATION OF CONCEPTS

INTRODUCTION OF TOPIC

■ **Sharing songs and rhythm games can be fun.**

- Have parents say a verse with you, such as “Jack, be nimble; Jack, be quick; Jack, jump over the candlestick.” Say it again with great excitement and high energy. Finally, repeat it again in a soothing, quiet voice.

OR

Sing a song together such as “Take Me Out to the Ball Game.” Next, add hand claps with a partner as you sing. Finally, use claps on knees, 2 hand claps together, and 2 high-fives as you sing.

Discuss the feelings and mood before and after sharing the song and rhyme. What effect do music and rhyme have on an individual?

KEY CONCEPTS

■ **Parent and baby can share positive emotions during music and rhythm activities** [see *Conceptual Overview #1*].

- Sharing positive experiences strengthens brain pathways.
 - Use topic animal artwork to explore how music and rhythm allow parents and children to share positive emotions.
 - To illustrate how music and rhythm are experiences parents and baby can enjoy, demonstrate “The Wheels on the Bus” or another song using a doll or another child [see pg. 134].