

PIPE Practice Session Self-Reflection

Name

Topic

Getting Prepared

I filled out a planning worksheet/wrote a script

My materials were ready

The area was prepared, on the floor with a blanket if needed

Quiet area, TV off/turned down

Parent was prepared

Able to focus on session

Phone off or muted

Step 1

The instructional strategies were fun, fast & focused

I “hooked” the parent’s interest

“Less is More” was practiced

I engaged the parent in conversation

Explored what the parent already knows

Began with the parent’s personal experience & tied that to the concept

The concept was shared in language the parent could understand

Used the topic’s instructional strategy as intended

Reflection on Step 1

What went well? /What did you enjoy?

Would you do anything different next time?

What did you learn?

Additional Comments about Step One

Step 2

I transitioned into the activity

I did a doll, stuffed animal demo

I modeled "Ready, Set, Go" in my session

I tied the activity to the concept

I described what I wanted to see the parent do

I showed the parent how to do the activity

I explained why the activity was important

I modeled the steps of ready set go in my demonstration

I did the demonstration on the floor

I demonstrated how to end the parent-child interaction

I transitioned out of the demonstration into the parent-child interaction

Reflection on Step 2

What went well? /What did you enjoy?

Would you do anything different next time?

What did you learn?

Additional Comments about Step 2

Step 3

I set the stage for a successful parent-child interaction

The parent-child activity was appropriate

The activity supported the concept

The activity was developmentally appropriate

The activity encouraged shared positive emotions

I positioned myself out of the baby's direct line of sight

I observed and was non-intrusive

I was able to:

Read the parent's cues

Read the child's cues

Respond to the parent's temperament

Know what the baby was saying

Recognize the parent-child connection

Recognize when the parent made adjustments

I was able to stay quiet

I intervened only if necessary

I used simple, quiet scaffolding techniques

Reflection on Step 3

What went well? /What did you enjoy?

Would you do anything different next time?

What did you learn?

Additional Comments about Step 3

Step 4

I asked open-ended questions

I paused and allowed the parent time to reflect

Parent was encouraged to evaluate the baby's reaction

Parent was encouraged to evaluate their own reaction

I practiced active listening:

Paraphrased

Encouraged elaboration

Expressed empathy

Used body language

Avoided judgment

Avoided giving advice

Was able to be quiet

I supported the parent with feedback:

Encouraged; was a cheerleader

Pointed out parent & child's strengths

Interpreted the child's behavior

Pointed out how they applied the concept

Pointed out the child's positive responses

Expanded on the concept

I closed/transitioned out of the PIPE session

Reflection on Step 4

What went well? What did you enjoy?

Would you do anything different next time?

What did you learn?

After doing an entire PIPE session I...

Additional comments